

October 2003
Is
National Breast Cancer Awareness
and Healthy Lung Month

Sun Mon Tue Wed Thu Fri Sat

			<p>1 6:00 PM New Voice Club Youngstown Hearing & Speech</p> <p>6:45 PM I Can Cope Teleconference</p> <p>7:00 PM Man to Man (Mahoning County)</p>	<p>2 1:00 PM JCC Aquatic Exercise Program</p>	3	<p>4 <i>Komen Race For The Cure</i> <i>*(Packet Pickup)</i></p>
5	<p>6 7:00 PM Smokers Anonymous (Mahoning County)</p>	<p>7 1:00 PM JCC Aquatic Exercise Program</p> <p>5:30 PM Smokers Anonymous (Trumbull County)</p> <p>7:00 PM Ovarian Cancer Support Group (Mahoning County)</p> <p>7:00 PM East Liverpool Breast Support Group (Dawson Family Center)</p>	8	<p>9 1:00 PM JCC Aquatic Exercise Program</p>	10	<p>11 <i>Komen Race For The Cure</i> <i>Voinovich Park Northcoast Harbor Downtown Cleveland</i></p>
12	<p>13 7:00 PM Smokers Anonymous (Mahoning County)</p>	<p>14 10:00 AM Cancer Patient Support Group (Trumbull County) Eastwood Mall</p> <p>1:00 PM JCC Aquatic Exercise Program</p> <p>5:30 PM Smokers Anonymous (Trumbull County)</p> <p>6:30 PM CORES (Mahoning County)</p>	<p>15 6:30 PM Cancer Pt. Support Group (Trumbull County) Sara Wean Conf. Rm.</p>	<p>16 1:00 PM JCC Aquatic Exercise Program</p> <p>5:00 PM Blood Related Cancer Support Group</p>	<p>17 National Mammography Day</p> 	<p>18 <i>"A Day of Health & Beauty: Breast Cancer Survivor Day"</i></p> <p><u>10:00 AM</u> <i>Survivor Walk</i></p> <p><u>Noon</u> <i>Presentation</i></p> <p><i>At Community Health Connection – Eastwood Mall</i></p>
<p>19 <i>10/19-10/25/03 National Pharmacy Week</i></p>	<p>20 <i>10/20-10/26/03 National Health Education Week</i></p> <p>6-8:00 PM Look Good Feel Better (Trumbull County)</p> <p>7:00 PM Smokers Anonymous (Mahoning County)</p>	<p>21 1:00 PM JCC Aquatic Exercise Program</p> <p>5:30 PM Smokers Anonymous (Trumbull County)</p>	22	<p>23 1:00 PM JCC Aquatic Exercise Program</p> <p>7:00 PM SOUL Support Group (Mahoning County)</p> <p>7:00 PM BEACON Support Group</p>	24	25
26	<p>27 7:00 PM Smokers Anonymous (Mahoning County)</p>	<p>28 1:00 PM JCC Aquatic Exercise Program</p> <p><i>5:00 PM "I'm Stressed...Does Everything Cause Breast Cancer" Holiday Inn Metroplex</i></p> <p>5:30 PM Smokers Anonymous (Trumbull County)</p>	<p>29 6:00 PM Sisters Through Sharing Breast Cancer Support Group-Salem</p>	<p>30 1:00 PM JCC Aquatic Exercise Program</p>	31	

Brochures with full program descriptions are available in Cancer CareCenter waiting rooms.